

# Dental Clinic for Afghanistan Refugees



کلینک دندان برای مهاجرین افغانستان

SEMI ANNUAL REPORT FOR FIRST HALF OF 1991  
THE FIRST HALF OF 1991

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## PROLOGUE

Now which we are drawn out one year forward by the progressive movement of the time, on this occasion we would like to launch and publish our semi annual report for the first half of current year. In this manner we would suggest and invite the respected readers for judgement and let them know what we have done. By doing so, we would be able to find the shady and bright aspects of our work and continually improve it to meet the needs of our people.

"DCAR" as a non political and independent Organization since its foundation in 1984 upto this time has always endeavoured to continue its activities and provide services for the refugee compatriots as well for the people inside Afghan siol. We aimed to let our occupation to servethe cause of national liberation and freedom of our beloved country. This is remarkable that we did whatever we could do, not whatever the Afghan people needed. In the future, we are longing to continue and extend the work of ours for our indignant countrymen. Having this hope, the unconditional humanitarian assistances and cooperations by international relief Committees and phylanthropic personalities will help us to increase our capability in this regard.

This is proved and beyond doubt that the medical services are urging and necessary every where one in every condition, specially for the Afghan war affected people. The presence and absence of such services is of vital importance. As all know, medical services are necessary in every condition for the society whether in peace or during the war, specially they are of urgent necessary in a war torn country and in situation of ongoing destructive warfare. As we presently need this, so in a peaceful environment in future will remain the same. Thus, the international relief committees, Volunteers, and phylanthropic personages must not turn a blind eye toward its importance.

Dear reader!

Even though we informed the concerned relief committees, interested individuals and all respected readers through our previous reports about the DCAR, its achievements and shortages, here one again we would like to attract their attention and incite them for judgement and cooperation to guarantee the continuing of our work. By this invitation we intend to extend our service further more for Afghan oppressed people.

This is noticeable that despite the focusing of almost all efforts toward inside Afghanistan and its rehabilitation, the refugees are still deowelling away from their homeland in immigration life. They still need to be helped and cared.

Here, we would seize the opportunity to thank all the relief and charity organizations and individuals who extended their humanitarian assistance toward us in this difficult situation. First of all we are grateful to "HELP Committee" of Germany. This committee by their humanitarian assistance enabled our clinic to continue its services for Afghan refugees. This committee which helped us since long years, recently deducted the fund to us by 25%. This has faced us with some difficulties. But, from the other hand, the Norwegian Church Aid and Norwegian Refugee Council Committees put step forward and took responsibility to pay the deducted amount from the beginning of 1991. We are thankful for their humanitarian feelings and cooperation with us.

In this series, we would send our special thanks towards Mađam. Vreni Frauen Felder from Switzerland who helped us financially many times. Presently she assists the E.N.T service of our main clinic and 3 mobile dental teams in the refugee camps economically.

Further more, we express our gratitudes to the Ockenden Venture (OV) Committee who donates Dental Brush with cream tubes for the children preventative unit and nursery of our central clinic.

Dr. Sher Aqa Baluch  
Director.

## WHOM DOES DCAR SERVE?

Even though we pointed out several times, now once again in the beginning of this report want to mention that DCAR since its establishment has left a long period of time behind to reach the present stage of work and development. Though this progress and achievement in contrast with the necessities of refugees is like a drop in a sea. But, we take pride to mention that during this hard period which we made progress gradually, we took maximum advantages from the minimum and least possibilities and put them in service of our compatriots inside and out side the country.

As the readers know, DCAR as a non political and medical body has never considered the political, ethnic, regional and languestic affiliations in treatment of patients.

## SITES OF WORK FOR "DCAR":

As a result of imposed destructive war in Afghanistan, more than one third of population sought refuge to Pakistan, Iran and other countries. Most of these refugees came to Pakistan and still are subsisting in the refugee camps. Besides, the people who have been living in the Mujahideen dominated areas, due to ongoing war and lack of medical care needed to be helped from out side.

Considering the above realities, dental clinic for Afghanistan Refugees was established to fill the vacuum and provide dental care both for refugees and local population. Despite, many problems and obstacles, DCAR with the help of international relief committees, has been able to survey and start its activities in the following places:

- i) Main Clinic in Peshawar city.
- ii) Mobile teams in the refugee camps.
- iii) Dental Clinics inside Afghanistan.

Now, by publishing this report we inform the readers about the activities of DCAR during first half of this year.

## I - OUR WORK IN PESHAWAR (MAIN CLINIC).

"Dental Clinic for Afghanistan Refugees" started its medical activities in Peshawar. Now without exaggeration we can claim that this is the only dental clinic in

Peshawar area which works independently for Afghan refugees. It has been able to minimize the mouth and tooth problems of refugees through its fruitful activities. Due to sincere efforts of its personnel and with the help from outside we could to extend and develop our work quantitatively and qualitatively in a short time. Our previous reports for 1989 and 1990 are in details about each unit and department of the central clinic.

The Central Clinic is mainly consisted of two parts: Male and Female. Besides, children section and E.N.T (Ear, Nose, Throat) Department are also present. Daily we receive around 270 patients. After being diagnosed, operated and treated by our doctors they go back to their houses in and out of Peshawar. The patients are included of men, women and children.

About the different units and departments of our central clinic, their work, number of patients, number of staff, methods of work and kinds of diseases being treated and other things information has been given in our previous reports. Here we knowingly avoid to repeat such things.

Here, you read a concise report about the different parts of main clinic in Peshawar.

#### A- MALE PART:

This part of the central clinic is consisting of two surgical and three conservative units. These units are always open except Fridays and public holidays to provide dental care for Afghan Refugees. Daily we receive tens of patients in the different units of this part. The patients after being diagnosed treated and operated go back to the refugee camps. Below you see a table containing the figures of patients who got treatment in this part from first January to end of June 1991.

This is mentionable that in addition to the regular and normal duty, during the holy month of Ramazan and Eid days every night from 8.00 PM to 10.00 PM there have been one doctor and one nurse on duty to receive the patients.



**Photo of Male Part**

**TABLE NO. I MALE PART**

Month	Extraction	Filling	R.C.T.	Dressing	Scalling	Medicine Comparing	Medication	X-Ray	Total
January	851	1244	119	457	333	100	150	146	3400
February	846	1295	150	318	304	89	90	216	3308
March	611	872	100	174	229	60	55	150	2251
April	570	795	95	156	215	88	65	173	2157
May	867	1298	153	319	340	112	145	170	3404
June	900	1320	162	401	322	113	156	175	3549
Total	4645	6824	779	1825	1743	562	661	1030	18069

## B-FEMALE PART:

Considering the Islamic culture and tradition of our people and due to social problems of Afghan society we decided to separate the Female part of our central clinic. In the beginning we had only one lady doctor (dentist) and one female for this part. But now we have one surgical unit and one conservative unit for female patients which work independently.

The following table shows the number of patients being treated in this part in the first half of current year:



**Photo of Female Part**

**TABLE NO. II FEMALE PART**

Month	Extraction	Filling	R.C.T.	Dressing	Scalling	Medicine Comparing	Medication	X-Ray	Total
January	357	334	100	294	235	55	65	120	1560
February	308	325	50	283	294	45	37	100	1442
March	247	234	27	179	178	37	30	111	1043
April	200	213	25	160	190	42	37	113	980
May	315	334	112	305	193	53	70	99	1481
June	320	337	120	300	217	69	78	80	1521
Total	1747	1777	434	1521	1307	301	317	623	8027

## C - CHILDREN SECTION:

We firmly believe that the children of today will be the real masters and builders of free and prosperous Afghanistan in near future. Considering the above facts, the importance of attention to the health, education and nourishment of our children as a whole can be two folded.

D.C.A.R beside its other services, upto its possibilities, has put some steps forward in this direction. We aimed to improve the health condition of refugee children in the fields of treatment and dental and mouth prevention. We hope to continue and expand our service upto the level of necessities of oral and dental patients. Humanitarian assistance and cooperations by relief agencies will assure our abilities and continuing of our work.

To provide facility for the personnel of the central clinic, we have set up a kindergarten specially for the children of our staff. For details and further information we refer our readers to the previous annual reports of DCAR. This is remarkable that the kindergarten is connected to the Children section.

Below you will see a table that shows the number of children who came for treatment or have been thought about the Dental and Oral hygiene during first half of 1991:



**Photo of Children Section**

**TABLE NO. III CHILDREN SECTION**

Month	Destruction of tooth pasts and brusheds	Extraction	Filling	Dressing	Medicine Comparing	Medication	Total
January	150	324	263	223	155	140	1455
February	150	330	235	242	180	133	1270
March	150	277	142	185	94	138	986
April	150	280	150	193	110	127	1010
May	150	350	240	223	134	130	1227
June	150	553	247	231	127	135	1243
Total	900	1914	1277	1297	800	803	6991

## D-PROSTHETIC CENTRE (DENTAL LABORATORY):

War is a phenomena which brings some social changes and impose physical disaster to the residents of a supposed society.

In our wartorn country Afghanistan during long years of national resistance war, thousands of our innocent and freedom loving compatriots have become disabled which in its turn is a new and further problem for our next society.

Among these disable people there are persons who lost their teeth and got fractured jaws. As a result the action of chewing becomes difficult and further they will be suffering from digestive problems. Further more, the appearance of such people can be affected. Besides, there are many young and aged people that due to lack of care or by being aged they lose their teeth.

To solve or minimize these problems DCAR has set up a dental laboratory in the central clinic. At this laboratory the teeth (Denture) and gums are made for the needy people freely.

Now you see the table containing the number of patients who got artificial teeth and gums during first six months of current year:



**Photo of Prosthetic Section**

**TABLE NO. IV PROSTHETIC CENTRE**

Month	Total Moulding	Partial Moulding	Modeling	Denture Prove.	Esteration	Repairation	Rectification	Crown Fixation.	Total
January	75	30	72	65	15	25	98	12	392
February	71	36	68	70	17	30	110	15	417
March	80	40	71	64	13	37	121	16	442
April	74	38	63	71	16	42	108	10	422
May	81	32	59	63	20	38	115	20	428
June	68	37	63	67	31	40	100	17	423
Total	449	213	396	400	112	212	652	90	2524

## E-E.N.T. DEPARTMENT:

The organic relationship between E.N.T and dental health from one hand and lack of independent ENT clinic or hospital for the refugees from the other hand determined us to setup this service in the framework of our central clinic in Peshawar.

In the beginning due to our weak possibilities for this service we only could give treatment to the urgent patients and have not been able to do the operations. But in our further steps with the help of madam. Vreni Frauen Felder we have been able to start our basic activities. Presently there are two ENT lady doctors and one female nurse for female patients, one ENT doctor and one male nurse for male patients working with this department. In this department we have six beds in a recovery room for post operative patients.

The following table shows the number of patients received and treated in ENT service during first half of this year.

Before you see the table, here will come some words about our Dental Training course. This is mentionable that the 7th round of six monthly Course has successfully completed the course on 22nd May this year. Most of these paramedicals have been provided with medicines and equipments and sent inside Afghanistan and presently are carrying out dental activities for the local population. The 8th round of our course started on the first June and is going on for six months.



**Photo of Ent Department**

**TABLE NO. V E.N.T. DEPARTMENT**

Month	Acute tonsillitis	Tonsillitis	Chronic tonsillitis	Larangitis	Phorangitis	Upper respiratory tract infection (URTI)	Chronic syptrilofitis media (CSOM)	Sinositis	Rhinitis	Rhino pherangitis	Otitis	Ear wax	Deafness	Neck pain	Total
January	80	55	135	32	32	37	79	30	67	14	96	54	26	7	744
February	119	34	129	40	30	47	71	41	62	16	98	56	19	19	781
March	40	35	128	21	96	47	76	51	61	16	89	28	49	20	757
April	81	43	121	26	28	38	80	47	61	26	83	54	19	34	741
May	133	62	115	34	37	55	85	58	56	28	90	70	18	35	876
June	144	49	120	40	38	55	100	63	86	36	97	76	13	42	959
Total	597	278	748	193	261	279	491	290	393	136	553	338	144	157	4858



**Photo of Dental Training Course**

## **II MOBILE TEAMS:**

As the readers know, there are many populated refugee camps in different parts of N.W.F.P., Pakistan. The refugees subsisting in camps beside their material needs for means of subsisting, needed medical care in general and oral and dental care in particular.

Considering the above needs and problems of the refugees, the DCAR decided to send some mobile dental units to the refugee camps. By sending these teams we intended to help the refugees on the basis of humanitarian and Islamic feelings and to minimize their pains and suffers. Here we would like to mention that according to our weak economic abilities, we only could to send three dental teams which is far away from the level of the refugees' requirements. These three teams had been sent to three refugee camps outlying Peshawar in the various parts of N.W.F.P.

Due to economic reasons we were not able to send other such units to other camps situated in NWFP and Baluchistan provinces. We hope that if in next future our financial situation allows us, we will send some teams to the other camps of Afghan refugees.

Presently our three mobile dental teams are active and in service of our refugee compatriots in the following camps:

-Mobile Team in "Baghicha" Refugee camp,

-Mardan District, NWFP.

-Mobile Team in "Ganjgal " Refugee camp,

Bajaur Agency, NWFP.

-Mobile Team in " Gandaf" Refugees Camp,

Swabi District, NWFP.

In our previous reports there is full information about, which we reffer the intrested readers to them. Following you will see a table containing what has been done totally in these three mobile teams during (Jan-June 1991):

**TABLE NO. VI MOBILE DENTAL TEAMS**

Month	Tooth Extraction			Tooth Filling			Therapy of Abscesses			Gingivitis			R C	Alivio- litis	Total
	C	F	M	C	F	M	C	F	M	C	F	M			
January	40	110	122	90	170	167	120	110	90	35	115	125	3	85	1382
February	38	113	127	89	171	172	123	98	87	40	113	120	5	67	1363
March	47	120	132	70	181	162	130	100	95	37	120	132	4	55	1385
April	50	121	129	81	170	158	122	95	100	40	117	127	2	72	1384
May	48	112	195	67	127	169	127	89	98	33	120	130	-	80	1395
June	50	116	206	70	131	154	131	92	76	23	122	133	4	56	1364
Total	273	692	911	467	950	982	753	584	564	208	707	767	18	415	8273

### III DENTAL CLINICS INSIDE AFGHANISTAN.

Although the need for hospitals, polyclinics, health centres and medical units inside Afghanistan is more than that we have here in Pakistan, but due to war situation and security problems for medical activists less attention has been paid in this connection. As a result many patients and wounded lost their lives just due to absence of medicine and doctor over there. There are some medical activities in the localities under the Mujahideen domination, but it is not sufficient to meet the requirements of the local population.

DCAR upto its financial possibilities, tried to help the inside people in regard of our occupation. Thus, we sent three Dental Clinics to the different parts of Afghanistan.

But we would like to state that these three dental clinics in comparison with the requirements of people for dental service are almost nothing. We hope that with the help of philanthropic personages and relief agencies in near future could be able to send some more clinics inside Afghanistan.

At the time of writing this report, we have three dental clinics at the following provinces which are under Mujahideen domination.

- i) Dental Clinic at "Shoulgara" District,  
Balkh Province.
- ii) Dental Clinic in "Takana" area, Maidan Province.
- iii) Dental Clinic at "Kulangar" district,  
Logar province.



It is remarkable that due to re-establishing of puppet regime control on Mohammad Agha district of Logar Province, our clinic moved from there to Kulangar district which is liberated area.

About the activities of our three dental clinics inside Afghan soil we would mention that until the time of writing these lines, we have not received their reports yet. We tried our best to include them in this semi annual report, but we could not. We offer apology to the readers for that.

## **Dental Clinic**

FOR AFGHANISTAN REFUGES

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